

This gift/help is given to you from

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That is my username from [www.mymotivationclub.com](http://www.mymotivationclub.com)

Out of all the people in the world today, please know that I chose you.

I selected you today to receive my help just as I was selected before you. You see, someone else from the website [www.mymotivationclub.com](http://www.mymotivationclub.com) gave me an unexpected gift of help, whether it was monetary assistance, physical or emotional. My motivator encouraged me to repay his gift by giving to another. I chose you. Hopefully you will continue this chain.

#### What should you do next?

- Visit the website [www.mymotivationclub.com](http://www.mymotivationclub.com)
- Create your user name.
- Find and thank your motivator with a high five.
- Print off the My Motivation Club form letter.
- Give some motivation of your own to someone in need.

It's as simple as that. Thank you for motivating someone today!

If you wish, film your “pay it forward” moment and submit your video to [www.mymotivationclub.com](http://www.mymotivationclub.com). Your video might be the “Motivational Video of the Day.”